# Information for Exchange Students coming to London 2019/20

| Middlesex University London (MDX) | Virtual tour of the campus  
| Location | Getting to the Hendon Campus  
| Hendon Map | There is lots of information available about MDX and life in London on our websites, so please spend time exploring these: Main Website / Student Website  
| University website | The list of the programmes that we offer in London can be found on our website. To avoid timetable clashes, when choosing the modules you must observe the following rule:  
| Programmes and rules for modules choice | • You need to choose modules only from one programme and from the same year (e.g. BA International Business, 2nd year modules). Please note that Postgraduate students can be accepted only for one semester.  
| Timetable | In London, the teaching week runs from Monday to Friday and daily timetables range from 9am-7pm for Undergraduate students. You will find out your personal timetable on the University System, myUniHub, after you enroll on your programme. Timetables are usually available from the Mid-September (Term 1/Full Year) and Mid-January (Term 2).  
| Academic Calendar, Welcome week & Induction | The Academic Calendar can be found here. The ‘Welcome to Middlesex’ Orientation programme for new exchange students will take place in the end of September (Term 1 / Full Year) and Mid-January (Term 2). In both cases, the programme will be advertised in your website. The induction schedule for your programme will be available on myUniHub.  
| University & off campus accommodation | MDX has 5 halls of residence although not all are located on campus. Please check our website for the full details (photos, virtual tour and prices). For private rented accommodation, please follow the guidelines in our website.  
| Transport | The main transport in London is tube and bus. Most people here have an Oyster travel card to get around London. Depending on your duration of stay and how much you travel, it would be advisable to either consider Pay As You Go or an 18+ Student travel card. For the latter, you have to apply online and Middlesex University has to confirm your student status. Useful links: General; Visitor Oyster Card; Student Fares; London Tube Map  
| Cost of living (monthly average) | The list below will give you a guideline to how much to budget for the month. These amounts are subject to change according to your circumstances. Please note that London is one of the most expensive cities in the world.  
| Halls fee/private rent | £560/600  
| Food/Housekeeping | £140  
| Travel/Transport | up to £100  
| Leisure/sport/socializing | £160  
| Clothes/shoes | £50  
| Books/Stationary | £40  
| Mobile Phone | £20  
| Total | £1070/1110  
| Health Insurance Policy | Britain has a subsidized health service called the NHS (National Health Service) which provides free health care and treatment for people who are resident in Britain. This includes all students enrolled on a programme lasting for more than six months. Routine optical and dental treatment is not normally covered by the NHS.  
| UniHelp | Once you arrive in London, UniHelp is your first port of call for general student enquiries. It brings together all face-to-face support in one location on the Hendon campus as well as providing online assistance.  
| Student Support | Check the following links: International Students; Life at Middlesex  

We look forward to welcoming you at Middlesex University!